



COOKING CLASSES

MENU SELECTIONS

Create your custom cooking class menu by selecting one from each of the seven categories. Guests with special dietary requirements will be accommodated at the time of the class.

APPETIZERS

Baba Ghanoush (gf)
Ahi Tuna Napoleon*

Brie & Spinach in Fine Herb Crust

Light Southwestern Gnocchi

Steamed Mussels, Lemongrass Curry (gf)

Stuffed Poblano Pepper with Rice & Goat Cheese Smoked Salmon & Cream Cheese Croissants

Dungeness Crab Hash Cakes, Sundried Tomato Basil Sauce (gf)

Dungeness Crab & Cucumber Salad, Mascarpone Honey Dressing (gf)

Vegetable & Rice Noodle Spring Rolls *(gf, v)*, Miso Aioli Chicken & Rice Fire Crackers, Sweet & Sour Sauce

Thai Salmon & Rice Cakes (gf)

Korean Chicken Sugar Cane Skewers Deviled Eggs, Assorted Toppings (gf)

Black Bean Hummus (gf) Crab & Spinach Ravioli Potato Curry Samosas

SALAD DRESSINGS

Creamy Ginger Dressing* (gf)
Honey Mustard Dressing* (gf)
Traditional Caesar Dressing* (gf)
Ginger Rice Wine Vinaigrette (gf, v)

Low Calorie Tomato, Garlic & Basil Dressing (gf, v)

Creamy Sundried Tomato Dressing* (gf)

Peanut Butter Curry Dressing (gf)
Honey Cilantro Vinaigrette (gf)
Blue Cheese Dressing* (gf)
Peach Vinaigrette (gf, v)

SOUPS

Chicken Tortilla Soup (gf)

Turkey Pho, Rice Noodles (gf)

Vegetable Lentil Soup, Three Cheese Garlic Croutons

Pureed Beet & Coconut Milk Soup, Poached Egg (gf)

Wild Mushroom Soup under a Black Sesame Pastry Dome

Spicy Ginger Carrot Bisque, Cilantro Cream (gf)

Southwestern Red Snapper Chowder (gf)

Baked Three-Onion Soup with Gruyere

Potato & Rock Prawn Soup (gf)

Prawn Tom Yam Ghoong (gf)



KASPARS

COOKING CLASSES

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SIDES

Polenta Cakes (gf)

Fine Herb Spaetzle

Barley Mushroom Risotto

Pad Thai with Chicken, Tofu

Macaroni & Cheese with Prawns

Spinach Mashed Potatoes (gf)

Eleanor's Vegetarian Pierogis (gf)

Kalamata Olive Mashed Potatoes (gf)

Southern Grits, Bacon, Maple Syrup (gf)

Fingerling Potato, Sage & Bacon Skewers (gf)

Pork Steak, Swiss, Tomatoes, Mustard Sauce (gf)

Twice-Baked Potatoes, Bacon, Goat Cheese (gf)

Blue Cheese & Mushroom Bread Pudding

Oregon Blue Cheese Polenta (gf)

Shiitake Mushroom Couscous

Swiss Scalloped Potatoes (gf)

Cauliflower Pesto Linguine

Quinoa, Candied Nuts (gf)

Russet Potato and Sage Gnocchi

SEAFOOD ENTRÉES

San Francisco Cioppino (gf)

Red Snapper Saltimbocca (gf)

Pan-Seared Halibut Pizzaiola (gf)

Salmon in Crispy Potato Crust (gf)

Halibut Cheeks Wrapped in Bacon (gf)

Pan-Sautéed Halibut, Bloody Mary Sauce (gf)

Diver Sea Scallops, Spicy Bacon & Spinach Sauce (gf)

Steamed Red Rock Fish, Mediterranean Tomato Sauce (gf)

Steamed Salmon, Hungarian Paprika Sauerkraut (gf)

Tilapia Fish Tacos, Tangy Watermelon Salsa (gf)

Hazelnut Crusted Barbecue Miso Salmon (gf)

Grilled Seasonal Fish, Peach Chutney (gf)

of filed Seasonal Fish, Feach Chathey (gi)

Grilled Ahi Tuna, Asian Vegetable Slaw

Parmesan Crusted Halibut Fillets

Red Snapper & Spinach Lasagna

Livornese Fish Stew (gf)



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MAIN ENTRÉES

Chicken Tamales (gf)

"Friday Night" Lemon Chicken (gf)

Chicken, Beef & Pork Meatloaf

Grilled Chicken Breast, Curry, Apricots, Pistachios (gf)

Chicken & Goat Cheese Dolmas, Bell Pepper Sauce (gf)

Grilled Chicken Legs, Whiskey Molasses BBQ Sauce (gf)

Almond Turkey Schnitzel

Roasted Quail, Merlot Risotto Stuffing (gf)

Duck Breast, Grape & Black Peppercorn Sauce (gf)

Asian Duck Confit, Bean Sprouts, Baby Bok Choy

New Orleans Jambalaya (gf)

Spanish Paella with Meat & Seafood (gf)

Flat Iron Steak, Espresso Black Peppercorn Rub* (gf)

Beef Tenderloin, Peppercorn Marsala Sauce* (gf)

Hungarian Beef Goulash (gf)

Chimichurri Beef Tri Tip (gf)

Rosemary Crusted Rack of Lamb

DESSERTS

Crème Brûlée (gf)

Hazelnut Carrot Cake

Chocolate Bread Pudding

Almond Espresso Toffee (gf)

Chocolate Meringue Cookies

Rustic Fruit Tart, Apple Filling

Bartlett Pears Foster a la Mode (gf)

Espresso White Chocolate Mousse (gf)

Sea Salt Caramel & Chocolate Tartlet

Caramelized Upside Down Apple Tart

Pavlova, Whipped Cream, Berries

Baked Apples, Cinnamon Honey Cheesecake Filling (gf)

Floating Island, Caramelized Hazelnut Cream (gf)

Warm Honey Cheesecake, Pistachio Phyllo

Cream Puffs, White Chocolate Espresso Mousse

Molten Chocolate Marshmallow Cake

French Almond Meringue Cookies

Granny Smith Apple Sorbet (gf)

Homemade Marshmallows (gf)

Earl Grey Sorbet (gf)

Cheesecake Flan